Nutrition Facts Serving Size 1/4 of recipe 112g (111 g)

Amount Per Serving				
Calories 29	1	C	alories fro	om Fat 200
% Daily Value				
Total Fat 23	3g			35%
Saturated Fat 10g				48%
Trans Fat	t			
Cholesterol 59mg				20%
Sodium 574mg				24%
Total Carbohydrate 12g				
Dietary Fiber 1g				5%
Sugars 1	9			
Protein 11g				
Vitamin A	14%	•	Vitamin (C 16%
Calcium	3%	•	Iron	7%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on				
your calorie nee	Calories		2,000	2,500
Sat Fat Cholesterol	Less than Less than Less than Less than rate		65g 20g 300mg 2,400mg 300g 25g	80g 25g 300mg 2,400mg 375g 30g
Calories per gram: Fat 9 ● Carbohydrate 4 ● F				Protein 4
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